

Chairman's Message



How can it be October already.....well I know the answer to that, there are mince pies and Christmas puddings in the supermarket this week! I will confess to buying some reindeer ice creams though!

Our first monthly meeting in person since February 2020 was a great success on 22 September. More than 100 members attended and our speaker John Bowers was truly inspirational. John shared his life story with us, describing how he turned his life around after spending many years in prison. I felt truly privileged listening to John's gripping and engaging story, articulated with honesty and humility.

You will have received the AGM Calling Notice from Barbara and an invitation to a 'cheese, complimentary drink and quiz' from Malc, both for Friday 15 October at 4.00 p.m. at Waterlooville Community Centre. I do hope you will be able to attend the AGM, enjoy the refreshments and take part in the quiz afterwards. Promise there will be no AGM related questions!!!

Thank you for all your lovely responses to my email seeking a new Treasurer. I really enjoyed reading these, especially some of your humorous comments about why you wouldn't be a suitable candidate.....really made me chuckle. Anyway, a willing volunteer has stepped forward to work with Chris for the next few months. An announcement will be made following their co-option at our October committee meeting.

I have been warmly welcomed at Current Affairs 1 (CA1), Singing for Pleasure (SfP) and Painting 3 (P3) over the past few weeks as part of my plans to visit our groups. It has been wonderful to meet so many members enjoying themselves and I've been very impressed by your talents. I joined in the CA1 discussion, had a singalong at SfP, however drew the line at attempting to paint at P3 to avoid embarrassment!. I hope that group members have also enjoyed my visits. I am really looking forward to meeting more members in the 10 planned group visits over the next few weeks.

With my very best wishes, Jo



Group Liaison Corner



Four new groups formed last month and will be having their first meetings this month:

- **KNITTING**
- **BACKGAMMON**
- **BOOKS 4**
- **MEMBERS ON THEIR OWN 3**

We are hoping to start a new group called **ART IN THE AFTERNOON**. See a separate article further on in the Bulletin.

Would you like to start your own group? Maybe you have an interest in a subject that you can share with other members. EG You may have a hobby that is best shared with other people, like stamp collecting. We don't have a group for that!

WAITING LISTS Would you like to check that you are on a waiting list? Just ask me and I'll tell you if you are. Waiting lists are for groups that are full, but if a list gets big enough, we may start a new group!

To contact Group Liaison, email Kevin Stock at groups@waterloovilleu3a.org.uk
Tel: 023 9217 9298

Lunch Friends

Would you like to join this newish group?

The group is for members to meet and have lunch socially with a few other members of the group. Maybe a Pub lunch, or a Tea Room. Although the group has a few dozen members, each lunch is between 6 and 10 people.

Any member can book a table for 6, 8 or 10 people anywhere they like on whatever day they like. The details are then emailed to all other members of the group asking who would like to go. As replies come in they are added to the table until it is full.

You never know who the others will be until you get there!

Tutors Needed

Do you have a skill in any of the following? If so, we are in need of people to be tutors for these potential new groups please. Without a tutor the groups cannot start.

BALLROOM DANCING

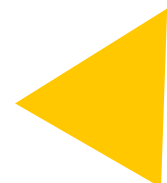
CALLIGRAPHY

FRENCH BEGINNERS 2

FRENCH IMPROVERS

LINE DANCING

LIP READING



Dates for your Diary

Monday 11th Oct 10am - 11.30am – Coffee Morning at Sacred Heart

Friday 15th October 4pm - 7pm – Cheese and Wine, AGM, followed by a Quiz at WACA.

Wednesday 27th Oct 2pm – Monthly Meeting at Sacred Heart

New Members

A warm welcome to the following new members who joined in the last month or so:

Linda Barnett
Gloria Price
Denise Evans
Ian & Jennifer Warren
Mike Webster
Douglas Mackenzie
Keri Fry
Laura Vincent
Iris Ingram
Paula Radcliffe
Terence Moore
Peter & Moya Mitchell
Sheila Wright
Helga Doughty
Barbara Morris
June Eamer
Ann Davies
Beth Williams
Margaret Cowley

u3a Facebook Group

We have a Facebook Group for Waterloooville u3a that any member can join. It's a way for you to post items that you think will be of interest to other members. and for us to remind you of u3a events coming up. Just search for 'Waterlooville u3a Members Group' from Facebook and request to join!

u3a Facebook Page

We also have a Facebook Page called 'Waterlooville u3a' A page is like an advert for us – anyone can see it. You don't join a Page, instead you click 'like' and you will see any post we make. Ask your friends and family to 'like' it too!

Coffee Morning

MON 11TH OCTOBER

10am - 11.30am

Our next monthly Coffee Morning is on the above date between 10am-11.30am at the Sacred Heart. All members are welcome, particularly new members. Bring along friends who you think might benefit from joining our u3a. Sign up to join our many Interest Groups. Committee members will be on hand to answer any questions. The coffee morning is a great way to make new friends and sharing interests so do come along anytime between 10 and 11.30 (we have to finish by midday).

News from Activity Groups

During the last month or so:

Walking 5 Strollers went to Farlington Marshes

Local History 2 went to Old Bedhampton

Walking 1 Striders went to Iping Common

Walking 2 Striders went to Harting Down

Bus Trippers went to Gosport

Local History 4 went to Havant

Local History 2 went to Staunton Country Park

Walking 2 Striders went to Emsworth

Walking 5 Strollers went to Soberton

Outings 5 went to Sculpture Park

All the latest photos, updates and news can be found on our website by clicking here:

www.waterloovilleu3a.org.uk



Art in the Afternoon

This new group is for anyone who wants to tap into the creative side of their brain and produce some art. It's for anyone, of any ability. The sessions will be during the 2nd and 4th weeks of the month – day to be decided, according to interest and the corresponding availability of a room at Springwood Community Centre. At the moment, Monday and Tuesday afternoons are available for us. There will be a charge for the room, which could safely accommodate up to 10 members.

Each session, there'll be a set piece to represent with various media – pencil, charcoal, paints, coloured pencils, collage and anything else we feel we want to experiment with. Weather permitting, we could work 'en plein air', going to a location to make sketches, from which we can complete a piece of work between sessions. If you fancy doing some Art in the Afternoon, do put your name down for this new group.

Article submitted by Dianne Lloyd, u3a Member

Code of Practice for Disabled Members

Our Vice-Chairman, Malc Davies, is revising our Code of Practice for Disabled Members and has produced a Draft version. He is asking for any comments or feedback from any members that may be classified as having a disability of any sort. We also have a document for the Hard of Hearing which will be integrated with this document before making it final. The draft document can be seen here:

https://www.waterloovilleu3a.org.uk/documents/COP_Draft.pdf

Comments please either to me, or to Malc at vicechairman@waterloovilleu3a.org.uk

Remembrance Exhibition

Remembering: an exhibition to commemorate 100 years of the poppy and service animals

Sunday 31st October to Sunday 14th November

St Michael & All Angels, Chalton, PO8 OBG

This event will be held over two weeks with exhibitions, services, lunchtime concerts, recitals and talks, plus refreshments of course. Don't miss Waterlooville U3A's own ukulele band! Besides all this there will be an evening Songs of Praise, a Pet Service and Remembrance Services on Thursday 11th November and also on Sunday 14th November. Full details in next month's Bulletin.

Article submitted by Jane Hussey, u3a Member

Outings 5 visit to the Sculpture Park

On 28th September Outings 5 visited the Sculpture Park at Churt, near Farnham. We managed to dodge the showers and had a wonderful meander through woods and past lakes surrounded by



sculptures, from the ground to the lake and even in the trees! Everywhere you looked were sculptures of every shape and size, some huge and weighing tons! From elegant animals and birds to bizarre shapes hung from metal frames, it was fascinating. We even managed to find petrol and a doctor- both rare commodities at the moment



Bus Trippers guided walk around Gosport



Gosport? G-o-s-p-o-r-t? GOSPORT? Yes. Possibly not everyone's first choice as a great place to visit but, on a gloriously sunny day, in the knowledgeable company of our Guide, Andrew Negus, 19 Bus trippers enjoyed a very satisfyingly happy day out.



Walking 5 – Soberton Circular

We met outside The White Lion pub in Soberton, and with just 4 of us turning-up we set off into the morning sunshine. Within a few minutes we had lovely views over farmland along the north side of the South Downs.



There was a cooling breeze and after slight incline it was good to stop and admire the scenery. Then on to a well made-up farm track for a short way before turning left between two arable fields to the northeast of Soberton. After a few turns and a style, we came to the bridleway that took us to the disused, or re-purposed, Meon Valley railway line; now part of the Meon Valley Trail.



We could have continued on to the river Meon, but opted for the shady route of the railway cutting. This Trail is now popular with walkers, cyclists, horse riders and horse-drawn buggies; signage reminds all to share the route 'nicely'!! The Meon river 'babbles' its way along the Meon valley occasionally coming close to the railway. It must have been a beautiful train journey in its day! We were reminded (via an information board) that the river Meon is one of only about 200 chalk streams in the world, and about 85% of such rivers are located in England.



Shaded by the ash, beech and an occasional conifer that now line the tops of the railway embankments we continued to the West Street Pumping Station, then past some lovely pebble clad and beamed cottages.

The final straight was a gentle incline across some fields to St. Peter's Church in Soberton, which, ironically, is next to the White Lion pub where we started.

Our walk was finished with excellent light refreshments from the pub. We all agreed that this was a delightful walk in lovely countryside and to those that were unable to make it, for whatever reason, we said....."Look what you missed"!!

I.T. Courses at Highbury



Pat Chalmers, our contact for Highbury College, would like to know if there are any particular IT or software areas that members would like to do. If so, please let her know by sending an email to her at courses@waterloovilleu3a.org.uk

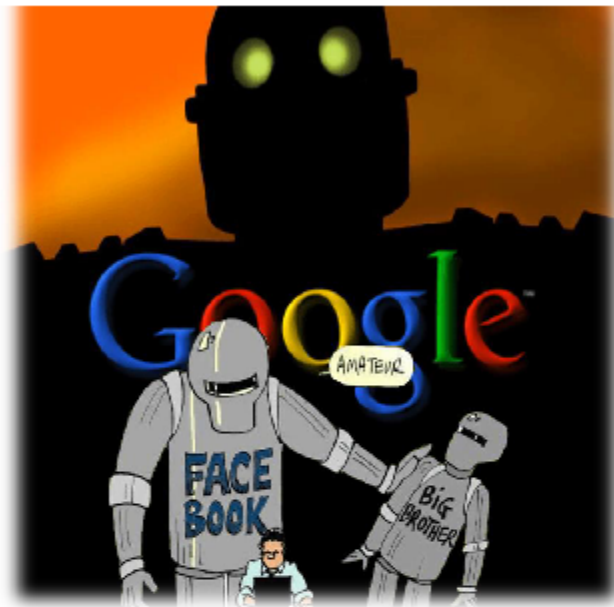
Take Back Your Online Privacy

Do you use the Internet?

Do you shop online?

Do you use Google?

Do you use Social Media?



Online privacy is a big topic now with more people being concerned with the amount of personal data that is being harvested by big unregulated corporations. They want some practical and easy to understand and implement steps to protect their online privacy and that of their family and children.

I will show you the extend your data is being harvested and why this should concern you. In easy to implement steps I will show you how to take back control of your private information. Come join me and learn how easy it is to use the Internet in a safe and more **private** way.

Saturday 23rd October 15.00 to 17.00 Eastney Community Centre

OR

Monday 1st November 10.00 to 12.00 Eastney Community Centre

Contact Hugh Cull on 023 9232 8676 or hugh.cull@highbury.ac.uk to book your place.

If you use the Internet, then you owe it to yourself to learn how to protect your family's online privacy and personal safety.

Members Area of the Website

To visit the members area log on with:

Username: u3amember

Password: u3qpassword

Just type in exactly what you see above – all in lower case – no spaces – and not your name! (It's the same username and password for everyone).

South Central Network of u3as

We are one of 19 local u3as that have formed a network to make it easy to swap news and ideas.

This month the Network will be holding a Zoom meeting for all local Chairmen.

The SCN website is here:

<https://u3asites.org.uk/hants-sc-network>

Computer Help

Rich Edwards, one of our members, has offered to help members who have problems or queries to do with their computer/PC/ Tablet/iPad. Rich can be contacted on 07786 321 030 OR richmond.edwards@btinternet.com

SE Region u3a

We are one of nearly 200 u3as that are part of the South East of England region.

The SE Region website is here: <https://u3asites.org.uk/code/u3asite.php?site=465>

Singers required

Singers required for local group. We love singing music from 50's to the present day along with comedy versions of well known songs.

We meet Tuesdays at 10:00am to practise in Lovedean Village Hall and It's great fun. No auditions required.....

If you enjoy singing, oh and like the odd beer! Please contact Kathy Mason for further info.

M: 07932 642710

E: kathy@officehand.co.uk

Article submitted by Kathy Mason , u3a Member

National u3a

National u3a are providing free online events delivered via Zoom:

Laughter Yoga Workshop – 13th Oct 10am

The Assyrian Conquests of Egypt – 8th Oct 2pm

Staying Safe Online – 6th Oct 10am

Cycling Network Meeting – 6th Oct 2pm

The Geology of Sedimentary Rocks Part 1: Continental Rocks – Oct 7th 2pm

The Geology of Sedimentary Rocks Part 2: Marine Rocks – 4th Nov 2pm

Geology of Sedimentary Rocks Part 3: Limestones, Coals, Oil & Evaporites – 2nd Dec

Anglo-Saxon Poetry – 7th Oct 2pm

Celebrating National Poetry Day – 7th Oct 10am

Live Cookery Demonstration – Autumn Warmers – Oct 18th 10.30am

The Climate Emergency: Is COP 26 ‘Our last Best Chance’? – 21st Oct 10.30am

The Numbers You Eat: nature's favourite numbers in fruit and veg – 9th Nov 2pm

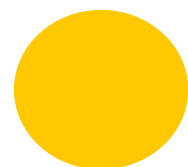
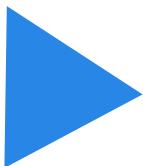
Maths activities and games – 11th Nov 2pm

National Office produce a monthly Newsletter that all u3a members can subscribe to. Just go to the website, click the Newsletter tab, and subscribe!

The National u3a website is here: www.u3a.org.uk

What's Going On Near Us

The Ratepayer Magazine have their next Residents' Association public meeting on Thurs 7th Oct at St Wilfrids Church, Upper Hall starting at 7.30pm. It's a good way to hear what is being planned, put up, knocked down and sorted out in the Waterlooville area.



Dates of Next Monthly Meetings

Wed 27th Oct 2pm

Sacred Heart

“Forty Years of Catching Smugglers”

Speaker: Malcolm Nelson

An exciting but dangerous life pursuing the bad guys who constantly attempt to break the law and enrich themselves from the proceeds of smuggling.

Wed 24th Nov 2pm

Sacred Heart

“Victorian Magic Lantern Show ”

Speakers: Rene & Allan Marriott

A return visit from Rene and Allan Marriott with a new seasonal theme in their Magic Lantern Show.

Unsubscribe?

IF YOU DO NOT WISH TO RECEIVE THIS BULLETIN, please let us know. This bulletin is issued every month to inform our members of Meetings, Groups, Social Events and other information relating to WaterlooVille u3a, the national u3a and events of interest around the area. Your details can be removed from the bulletin list and a confirmation email sent to you. You can change your mind at any time and request your details to be added back onto the distribution list.

Also, if you wish, you can unsubscribe to the ‘Third Age Matters’ magazine that is issued five times a year and posted to members.

To unsubscribe to either of these, contact our Membership Secretary on 07585 558916 or 07763 799377 or email members@waterloovilleu3a.org.uk



Denmead Rowans Support Group

MORNING COFFEE AND CAKE

TABLE TOP SALES

cakes, sweets, bric-a-brac, jigsaws, books

Saturday October 2nd

All Saints Hall Denmead 10 to 12.45

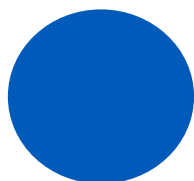
Book a table for just £5 call 07947611699

patricia.bailey333@gmail.com

All Donations welcome



Article submitted by Trish Bailey, u3a Member



Useful Contacts

We have various email addresses that you can use and your email will automatically be forwarded to whoever is looking after that role at the time.

almoner@waterloovilleu3a.org.uk	To report a member is ill or has died
beacon@waterloovilleu3a.org.uk	Beacon Administrator
bulletin@waterloovilleu3a.org.uk	Submit an article for this Bulletin
chairman@waterloovilleu3a.org.uk	Chairman
vicechairman@waterloovilleu3a.org.uk	Vice Chairman
courses@waterloovilleu3a.org.uk	Enquiries for Highbury College courses
equipment@waterloovilleu3a.org.uk	To borrow equipment
events@waterloovilleu3a.org.uk	Social & Outside Events
groups@waterloovilleu3a.org.uk	Group Liaison
members@waterloovilleu3a.org.uk	Membership Secretary
secretary@waterloovilleu3a.org.uk	Secretary
speakers@waterloovilleu3a.org.uk	Speakers Secretary
treasurer@waterloovilleu3a.org.uk	Treasurer
groupstreasurer@waterloovilleu3a.org.uk	Groups Treasurer
webmaster@waterloovilleu3a.org.uk	Website matters

Next Bulletin

The deadline for input into the next edition will be Wednesday 27th Oct

Email: bulletin@waterloovilleu3a.org.uk

Phone: 023 9217 9298

Post: Kevin Stock, Rose Lodge, 2 London Road, Cowplain, Waterlooville, PO8 8AA

POTENTIAL NEW GROUPS

These groups are either waiting for a few more people to put their names down so they can start, or they need a Tutor to teach them, or both!

To add your name email groups@waterloovilleu3a.org.uk or phone Kevin Stock on 023 9217 9298

Art in the Afternoon *NEW*

Ballroom Dancing (Tutor needed)

Calligraphy (Tutor needed)

Chess

Family History

Floral Art

French Improvers (Tutor needed)

Line Dancing (Tutor needed)

Lip Reading (Tutor needed)

Solving Maths Problems *NEW*

CURRENT GROUP VACANCIES

To join any group contact Kevin Stock 023 9217 9298 or groups@waterloovilleu3a.org.uk

Interest Group	Normal Meeting Day & Frequency
Art	Every Wednesday 10am – 12 Noon
Art & Design	Monthly Last Wednesday 10am – 12 Noon
Backgammon	2nd & 4th Mondays 11am – 1pm
Badminton	1st & 3rd Wednesdays 2pm – 4pm
Birdwatching 2	Monthly Last Saturday 10am – 12 Noon
Board Games (Modern)	Monthly 1 st Monday 2.30pm – 4.30pm
Books 4	Monthly 3rd Wed 10am – 12 Noon
Bridge	Every Friday 10am – 12 Noon
Canasta 3	2 nd & 4 th Thursdays 2pm – 4pm
Card Games	2 nd & 4 th Wednesdays 10am – 12 Noon
Cribbage	2 nd & 4 th Tuesday 10am – 12 Noon
Current Affairs 1	Monthly 2nd Wednesday 2pm – 4pm
Cycling for Fun	2 nd & 4 th Mondays 9.30am-12.30pm
Drawing 2	1st & 3rd Tuesday 10am – 12 Noon
Film Study	Monthly 2 nd Thursdays 10am – 12 Noon
Folk/Roots Appreciation	Monthly 1 st Thursday 2pm – 4pm
French Conversation 1	Every Tuesday 2pm – 4pm
French Conversation 2	1st & 3rd Wednesday 2pm – 4pm
Gardening	Variable
German Conversation	Monthly 1st Wednesday 1pm – 2.30pm
Knitting	1st & 3rd Wednesday 10am-12 Noon
Local History 1	Monthly 2 nd Wednesday 2pm – 4pm
Local History 4	Variable

Lunch Friends	Variable
Mah Jong	1 st & 3 rd Tuesday 10am - 12 Noon
Music Appreciation	Monthly 2 nd Tuesday 2pm - 4pm
National Trust Visits	Variable
Naval History	Monthly 2 nd Tuesday 10am - 12 Noon
Photography 3	2 nd and 4 th Tuesday 2pm - 4pm
Photography 4	Monthly 1 st Thursday 10am - 12 Noon
Play Reading	2 nd & 4 th Fridays 10am - 12 Noon
Poetry	Monthly 1 st Wednesday 2pm - 4pm
Pub History	Monthly 3 rd Tuesday 10.30am - 12 Noon
Quizzers 1	Monthly 2 nd Thursday 10.30am - 12 Noon
Quizzers 2	Monthly 2 nd Wednesday 2pm - 4pm
Radio Hams	Variable
Railways & Transport	Monthly 3 rd Monday 10.30am - 12 Noon
Rummikub	1 st & 3 rd Tuesdays 2pm - 4pm
Science	Monthly 2 nd Tuesday 2pm - 4pm
Scrabble	1 st & 3 rd Thursdays 10am - 12 Noon
Singing for Pleasure	1 st & 3 rd Wednesdays 2pm - 3.30pm
Table Tennis	2 nd & 4 th Thursdays 2pm - 4pm
Table Tennis (Beginners)	Monthly 3 rd Friday 2pm - 4pm
Theatre Trips	Various times
Walking 1 - Striders	2 nd & 4 th Friday 10am - 12 Noon
Walking 2 - Striders	Nov-Mar 1 st & 3 rd Mondays 1.30pm - 4pm Apr-Oct 1 st & 3 rd Mondays 2pm - 5pm
Walking 4 - Stragglers	1 st & 3 rd Tuesday 11am - 12.30pm
Walking 5 - Strollers	2 nd Wed 10am - 12 Noon 4 th Tues 10am - 12 Noon
Weekend Activities	1 st Saturday & 3 rd Sunday