



Chairman's Message

And so it's July....21st June has come and gone. As I think many of us predicted, the data was not good enough to bring to an end most of the restrictions we've been living with for more than a year. Let's wait and see what 19th July brings.

1st July was the start of the new membership year, and there are still a number of members who have not yet paid their subscription for 2021/22. If you no longer wish to be a Waterlooville u3a member, please can I ask you to let Chris and Nigel (Membership Secretaries) know members@waterloovilleu3a.org.uk. A few reminders have been sent out, so if you've forgotten to renew or mislaid the information, please contact Chris and Nigel. We will ultimately lapse any members who have not renewed, which sadly means no access to meetings or groups. I realise that the last membership year was a very unusual one, however I am hoping that if you choose to renew for this year, then there will be plenty on offer for you to enjoy.

You will find the flyer for the new Wellbeing Team in the Bulletin, along with the questions we asked to shape the work of the Team. If you would like any more information about the Team, would like to respond to any of the questions, or would like a phone call or email, please do let me know chairman@waterloovilleu3a.org.uk and I will pass your details onto a Team member.

We are still seeking an Assistant Treasurer.

This new role, which will be very interesting, supports the work of Chris, our Treasurer. Full training and support will be offered, so if you are remotely interested in finding out a little more, please do get in touch with me chairman@waterloovilleu3a.org.uk with absolutely no obligation!! We would love to hear from you.

The 'Welcome Back' meeting on 30 June, was a great success given the restrictions we had to work with. Some members paid their subscriptions even using our new machine to take card payments. The Wellbeing Team were on hand to chat to members about some of their concerns, and quite a number found this very helpful. Many vacancies in groups were filled, however the most successful aspect was members having the opportunity to engage with others they hadn't seen in 15 months. All socially distanced and in line with current Covid regulations and guidance of course.

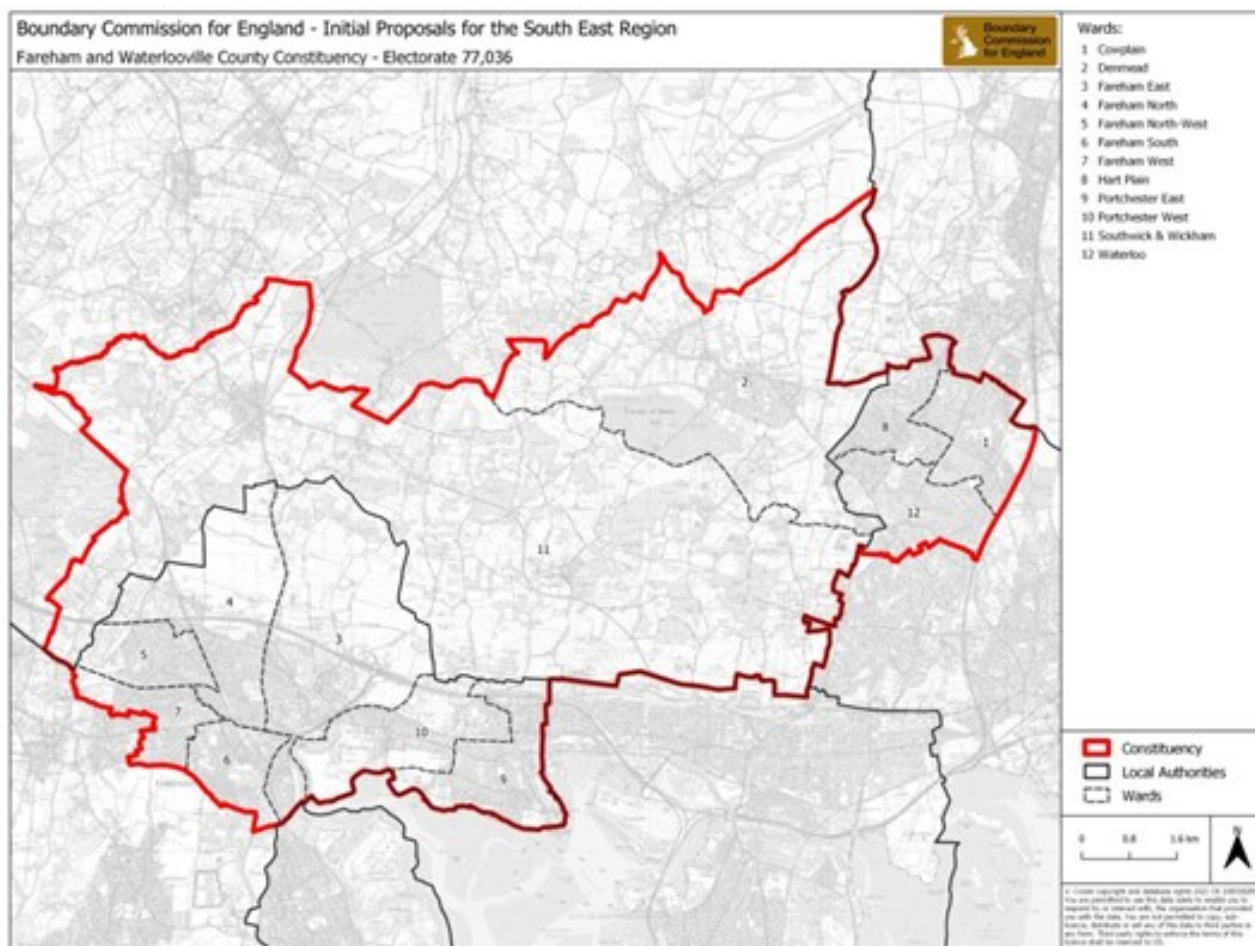
Angela, committee member, has alerted me to a consultation process underway for a review on Constituency boundaries. It looks as though the majority of our local area currently under Havant, will become 'Fareham and Waterlooville County Constituency'. Not sure whether that's a good or bad thing? Please do have your say!

You can find the review here (comments before 02 August):

<https://www.bcereviews.org.uk/node/6488?postcode=PO77JD>

Chairman's Message cont...

Map of the proposed new constituency:



Boundary Commission summary page :

<https://www.bcereviews.org.uk/>

There are a few events planned in the next couple of months (more details will be emailed out, on the website and FaceBook 'events and activities' page [Waterlooville u3a | Facebook](#) as well as in the bulletin)

- :
- **Friday 06 August** – 15 Year Anniversary celebrations and Open Day Waterlooville Community Centre
 - **Wednesday 22 September** – Monthly meeting. Venue and speaker to be confirmed.
 - **Friday 15 October (change of date!)** – Cheese and Wine, AGM followed by a Quiz. Waterlooville Community Centre.

I hope to see you at some of these events.

With my very best wishes, Jo

Wellbeing Poll

1. How confident are you about emerging from lockdown to attend Groups you belong to?
2. How confident are you about emerging from lockdown to attend Coffee Mornings?
3. How confident are you about emerging from lockdown to attend Monthly Meetings?
4. What may be stopping you from re-engaging with WaterlooVille u3a....e.g. reduced confidence, fear of going out, concerned about meeting people in small or large groups, accessing venues
5. What support (if any?) would you be interested in receiving from the Wellbeing Team?



WATERLOOVILLE

**WE HAVE A NEWLY-FORMED WELLBEING TEAM,
WHICH AIMS TO**

1. Support members who might be anxious or hesitant about re-engaging in meetings.
2. Support members who might feel lonely or isolated.
3. Provide a friendly face at meetings.
4. Provide a point of contact in case of illness or bereavement.
5. Offer a table at meetings to explain what the team does, and how to make the most of the u3a.
6. Communicate to members the help that is available, locally and nationally.

PLEASE GET IN TOUCH
chairman@waterloovilleu3a.org.uk
IF YOU WOULD LIKE TO USE OR FIND OUT MORE
ABOUT THIS
CONFIDENTIAL SERVICE



New Members

A warm welcome to the following new members who joined in the last month or so:

Peter & Janet McGill, Lynda Owen, Bob Jubb, Diana Mackenzie, David & Aileen Dawson, Nina Kingswell, Rosalind Williams, Margaret Pasha, Gill Haynes, Martin Diaper, Daphne Hopkins, Laniora Lay, Shirley Galloway

100th Birthday

Happy Birthday to Joan Walter who enjoyed her 100th birthday last month! Joan is a member of our Canasta 2 group, and also enjoys playing Bridge online.



Group Liaison Corner

GROUPS RESTARTING

29 groups have already restarted meeting in-person again, and the following hope to restart this month:

- Art
- Books 3
- Bus Trippers
- Canasta 1
- Canasta 2
- Canasta 3
- Card Games
- Cribbage
- Film Study
- Folk/Roots Appreciation
- German (Beginners)
- German (Improvers)

- Local History 1
- National Trust Visits
- Painting 2
- Play Reading
- Singing for Pleasure
- Snooker
- Table Tennis
- Tai Chi

WAITING LISTS Would you like to check that you are on a waiting list? Just ask me and I'll tell you if you are. Waiting lists are for groups that are full, but if a list gets big enough, we may start a new group!

To contact Group Liaison, email Kevin Stock at groups@waterloovilleu3a.org.uk

Tel: 023 9217 9298

u3a Facebook Group

We have a Facebook Group for Waterloo u3a that any member can join. It's a way for you to post items that you think will be of interest to other members. and for us to remind you of u3a events coming up. Just search for 'Waterlooville u3a Members Group' from Facebook and request to join!

u3a Facebook Page

We also have a Facebook Page called 'Waterlooville u3a' A page is like an advert for us — anyone can see it. You don't join a Page, instead you click 'like' and you will see any post we make. Ask your friends and family to 'like' it too!

Dates for your Diary

Monday 12th July 10am – Coffee Morning on Zoom

Friday 6th Aug 2pm–4.30pm Open Day & 15th Anniversary at Waterlooville Community Centre

Monday 13th Sept 10am – Coffee Morning

Wednesday 22nd Sept 2pm – Monthly Meeting at Sacred Heart

Coffee Morning

MON 12TH JULY 10AM–11AM

Our next monthly Coffee Morning is on the above date, and you don't even have to leave home! We will be meeting online via the Video Chat software Zoom. We will send all members an email the day before with a link to click to join the chat on the day. Committee members will be there for a chat as well. You will, however, have to supply your own coffee and biscuits! You don't have to install Zoom to join in, although some iPad users may have to.

News from Activity Groups

During the last month or so **Walking 1 Striders** went to Emsworth, **Walking 2 Striders** went to Selborne, **Walking 4 Stragglers** went to Halsea Lido, and **Local History 4** went to Gunwharf.

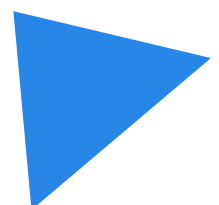
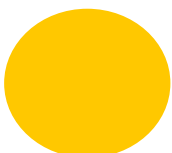
All the latest photos, updates and news can be found on our website by clicking here:

www.waterloovilleu3a.org.uk

Open Day

Our Open Day this year will also be our 15th Anniversary Celebration. Yes, Waterlooville u3a started in 2006. It will be held on Fri 6th Aug 2pm–4.30pm at the Waterlooville Community Centre (in the ASDA Car Park). Many of our interest groups will have a display, and there will be free tea/coffee etc. It will be open to the public so bring your friends and family too!

Can you help on the day? We would like a small team of helpers to that are happy to do various things on the day.



No Longer With Us

We regret to announce that Brian Waters has passed away. Brian was a member of the Bridge group.

Jon & Mary Nickerson

A Message from Jon & Mary...

We let our subscription to Waterlooville U3A gently come to its natural end as we left Denmead last September and have returned to the Town where we were both born, namely Stamford, Lincolnshire and have enrolled in the U3A here. We would like to say a BIG thankyou to you all for all the fun we have had over the past years – we were Founder Members we believe, and send our greetings to all the wonderful friends we met at various Groups. We shall miss you. We would be pleased to hear from any of the Members at any time.

MARY and JON NICKERSON, WILLIAMS COTTAGE, FOUNDRY ROAD, STAMFORD, LINCOLNSHIRE PE9 2PY Tel: 01780 482254

Members Area of the Website

To visit the members area log on with:

Username: u3amember

Password: u3apassword

Just type in exactly what you see above – all in lower case – no spaces – and not your name! (It's the same username and password for everyone).

South Central Network of u3as

We are one of 19 local u3as that have formed a network to make it easy to swap news and ideas.

This month the Network will be holding a Zoom meeting for all local Secretaries.

The SCN website is here:

<https://u3asites.org.uk/hants-sc-network>

Computer Help

Rich Edwards, one of our members, has offered to help members who have problems or queries to do with their computer/PC/ Tablet/iPad. Rich can be contacted on 07786 321 030 OR

richmond.edwards@btinternet.com

SE Region u3a

We are one of nearly 200 u3as that are part of the South East of England region.

The SE Region website is here: <https://u3asites.org.uk/code/u3asite.php?site=465>

Local History 4 and Gunwharf Quays

On a beautiful sunny day Local History 4 visited Gunwharf Quays to discover its origins and development.



Gunwharf today is a very different place to early days. Now a bustling, thriving, mixed development of housing, shops, entertainment, restaurants and businesses, all in a unique harbour side location. The Spinnaker Tower, now repainted white, is a spectacular landmark, visible from great distances.

Gunwharf can be traced back to the 12th century as a dockyard for royal galleys. Over 300 years ago part of the harbour was reclaimed to build facilities for all the needs of the Royal Navy. In recent times many of us will remember it as HMS Vernon. Eventually this establishment declined and became a shell of its former self and was put up for sale.

With great good fortune the site was developed keeping, and restoring some of its features and historical buildings.

We entered through the Vernon Gate which had been the original entrance. The Customs House, now a pub, was only briefly used for customs but was really storekeepers offices allowing good views of the loading operations of valuable guns and stores. The Flemish brickwork is to be admired. The Grand Storehouse (1811) known as Vulcan was the largest in any dockyard providing storage facilities for cannon, gun carriages and many small arms. This beautiful building is now converted into apartments an art gallery and a restaurant, slightly away from the bustle of the retail areas.

There are many boards around the Quays detailing some of its history. Too much to take in on a hot day but to be savoured in future (individual) visits.

An area so rich in history, the site has been sympathetically restored and developed. So much to see and discover. I shall be looking at Gunwharf with very different 'eyes' in future. Many thanks to Gareth and Caroline for leading and researching the information for this visit.



A book by Michael Underwood, Gunwharf Quays Portsmouth can be borrowed from the local library. Sadly only one copy is available.

Mary Shilstone GC of LH4

Climate Crisis

The national group 'u3a communities' have started a Climate Crisis discussion group and are looking for more members.

If Climate Change is of concern to you and you would like to take part in on-line meetings with like-minded people to explore and discuss technological and societal aspects of Global Warming then please join us.

<https://u3acomunities.org/climate/index.htm>

National u3a

The following are some of the things made available by National Office:

National u3a are providing free Zoom tutorials on the following topics:

Trust Volunteer Induction - Wed, July 21 10.30am

National u3a are providing free online events delivered via Zoom:

Crochet workshop: How to Crochet a flower! - Mon, July 12 2pm

What philosophers say about life and how to live it well— July 9th, 16th or 30th

Introduction to Laughter Yoga - Workshop— Tue, July 20 10am

Cryptic Crosswords for Beginners—Thu, Jul 22 10am a six week course

Staying Safe Online - A u3a Presentation with Q&A—Wed, July 28 10am

Introduction to Linguistics—Tue, 3 August 10am

Wellbeing in Nature - repeat talk—Thu, August 5 2pm

National Office produce a monthly Newsletter that all u3a members can subscribe to. Just go to the website, click the Newsletter tab, and subscribe!

The National u3a website is here: www.u3a.org.uk

Next Bulletin

The deadline for input into the next edition will be Friday 30th July

Email: bulletin@waterloovilleu3a.org.uk

Phone: 023 9217 9298

Post: Kevin Stock, Rose Lodge, 2 London Road, Cowplain, Waterlooville, PO8 8AA

Useful Contacts

We have various email addresses that you can use and your email will automatically be forwarded to whoever is looking after that role at the time.

almoner@waterloovilleu3a.org.uk	To report a member is ill or has died
beacon@waterloovilleu3a.org.uk	Beacon Administrator
bulletin@waterloovilleu3a.org.uk	Submit an article for this Bulletin
chairman@waterloovilleu3a.org.uk	Chairman
courses@waterloovilleu3a.org.uk	Enquiries for Highbury College courses
equipment@waterloovilleu3a.org.uk	To borrow equipment
events@waterloovilleu3a.org.uk	Social & Outside Events
groups@waterloovilleu3a.org.uk	Group Liaison
members@waterloovilleu3a.org.uk	Membership Secretary
secretary@waterloovilleu3a.org.uk	Secretary
speakers@waterloovilleu3a.org.uk	Speakers Secretary
treasurer@waterloovilleu3a.org.uk	Treasurer
groupstreasurer@waterloovilleu3a.org.uk	Groups Treasurer
webmaster@waterloovilleu3a.org.uk	Website matters

Unsubscribe?

IF YOU DO NOT WISH TO RECEIVE THIS BULLETIN, please let us know. This bulletin is issued every month to inform our members of Meetings, Groups, Social Events and other information relating to Waterlooville u3a, the national u3a and events of interest around the area. Your details can be removed from the bulletin list and a confirmation email sent to you. You can change your mind at any time and request your details to be added back onto the distribution list.

Also, if you wish, you can unsubscribe to the 'Third Age Matters' magazine that is issued five times a year and posted to members.

To unsubscribe to either of these, contact our Membership Secretary on 07585 558916 or 07763 799377 or email members@waterloovilleu3a.org.uk

POTENTIAL NEW GROUPS

These groups are either waiting for a few more people to put their names down so they can start, or they need a Tutor to teach them, or both!

Am Dram

Backgammon

Ballroom Dancing (Tutor needed)

Cribbage 2

French Beginners 2 (Tutor needed)

Knitting

Line Dancing (Tutor needed)

Lip Reading (Tutor needed)

Members On Their Own

Rock 'n' Roll Trips

Tai Chi for Beginners 2 (Tutor needed)



CURRENT GROUP VACANCIES

Interest Group	Normal Meeting Day & Frequency
Art	Every Wednesday 2pm – 4pm
Art & Design	2nd & 4th Friday 10am – 12 Noon
Badminton	1st & 3rd Wednesdays 2pm – 4pm
Birdwatching 2	Monthly Saturday 10am – 12 Noon
Books 3	Monthly 4 th Thursday 2pm – 4pm
Bridge	Every Friday 10am – 12 Noon
Bus trippers	Variable
Calligraphy	Thursdays 10.30am – 12.30pm for 5 sessions
Canasta 3	2 nd & 4 th Thursdays 2pm – 4pm
Card Games	2 nd & 4 th Wednesdays 10am – 12 Noon
Current Affairs 1	Monthly 2nd Wednesday 2pm – 4pm
Current Affairs 2	Monthly 2nd Thursday 10am – 12 Noon
Cycling for Fun	2 nd & 4 th Mondays 9.30am–12.30pm
Drawing 2	1st & 3rd Tuesday 10am – 12 Noon
Film Study	Monthly 2 nd Thursdays 10am – 12 Noon
Folk/Roots Appreciation	Monthly 1 st Thursday 2pm – 4pm
French Conversation 1	Every Tuesday 2pm – 4pm
Gardening	Variable
German (Beginners)	Every Monday 12.30pm – 1.30pm
German (Improvers)	Every Monday 1.30pm – 2.30pm
German Conversation	Monthly 1st Wednesday 1pm – 2.30pm
Local History 1	Monthly 2 nd Wednesday 2pm – 4pm
Local History 4	Variable
Lunch Friends	Variable
Mah Jong	1 st & 3 rd Tuesday 10am – 12 Noon
Modern History 1 (From 1500)	Fortnightly Monday 10am – 12 Noon
National Trust Visits	Variable
Naval History	Monthly 2 nd Tuesday 10am – 12 Noon

Painting 3	Every Tuesday 9.30am - 12 Noon
Photography 2	Fortnightly Mondays 10am - 12 Noon
Photography 3	2 nd and 4 th Tuesday 2pm - 4pm
Photography 4	Monthly 1 st Thursday 10am - 12 Noon
Play Reading	2 nd & 4 th Fridays 10am - 12 Noon
Poetry	Monthly 1 st Wednesday 2pm - 4pm
Pub History	Monthly 3 rd Tuesday 10.30am - 12 Noon
Quizzers 1	Monthly 2 nd Thursday 10.30am - 12 Noon
Quizzers 2	Monthly 2 nd Wednesday 2pm - 4pm
Radio Hams	Variable
Railways & Transport	Monthly 3 rd Monday 10.30am - 12 Noon
Rummikub	1 st & 3 rd Tuesdays 2pm - 4pm
Science	Monthly 2 nd Tuesday 2pm - 4pm
Scrabble	1 st & 3 rd Thursdays 10am - 12 Noon
Singing for Pleasure	1 st & 3 rd Wednesdays 2pm - 3.30pm
Table Tennis (Beginners)	Monthly 3 rd Friday 2pm - 4pm
Tai Chi	Every Friday 12.45pm - 1.45pm
Theatre Trips	Various times
Walking 2 - Striders	Nov-Mar 1 st & 3 rd Mondays 1.30pm - 4pm Apr-Oct 1 st & 3 rd Mondays 2pm - 5pm
Walking 4 - Stragglers	1 st Tuesday 2.30pm - 4pm 3 rd Tuesday 10.30am - 12 Noon
Weekend Activities	1 st Saturday & 3 rd Sunday
Wine Appreciation 2	Monthly 3 rd Monday 7.30pm - 9.30pm
Wine Appreciation 3	Monthly 1 st Tuesday 7.30pm-9.30pm