

Chairman's Message



August has arrived.....however someone has forgotten to tell the weather!! Hope you are keeping safe and well and enjoying some more cautious freedoms.

Don't forget, that if you, or a member you know, would like some support to re-engage with u3a Groups, then please get in touch with me. I will ask a member of the Wellbeing Team to give you a ring or send an email

chairman@waterloovilleu3a.org.uk

We have a new Vice-Chair, Malc Davies, who will deputise for me if I'm unable to attend a coffee morning or monthly meeting. Malc is going to review policies and procedures, to ensure that we have what we need in place. He is also going to work with Barbara, Secretary, to deliver the AGM and be our main link with National Office. We are all looking forward to working with Malc, and I'm sure you will get to meet him from September.

Our first in-person committee meeting was held on 21 July; it was so refreshing to see every-one face to face, rather than on a laptop screen. I've been enjoying Photography, Birdwatching and Local History outings....meeting up with group members was brilliant. I hope that if any groups you belong to have re-started, that you are enjoying them once again. I realise that some groups won't have started again yet, however gives us something to look forward to. I am beginning Pilates in September.

A few members have asked about members who have hearing or sight loss, or a disability that may impede access to venues. Three committee members are reviewing our relevant Codes of Practice, and I will report back to you as soon as I can.

The 'Great Big Green Week' organised by the Havant's Climate Alliance is happening between 18 and 26 September. The HCA is putting together a programme of events around the Borough, and I will share this with you as soon as it is published – probably later in August. As our monthly meeting falls in that week (Wednesday 22 September) we will request attendance of a representative, or at the very least some leaflets and other information.

- **Friday 06 August** –15 Year Anniversary celebrations and Open Day Waterlooville CC
- **Wednesday 22 September** – Monthly meeting. Venue and speaker to be confirmed.
- **Friday 15 October (change of date!)** – Cheese and Wine, AGM followed by a Quiz. Waterlooville Community Centre.

I hope to see you at some of these events. With my very best wishes, Jo

New Members

A warm welcome to the following new members who joined in the last month or so:
Ian & Pauline Houghton, Elizabeth & Joe Diggins, Peter & Carole Kernot, Josephine Jackson

Group Liaison Corner



Three new groups have formed. **Walking 5 Strollers** will meet on the 2nd Wed and 4th Tue at 10am.

Members On Their Own had enough interest to form two groups, which are both full. One will meet on the 3rd Friday, and one on the 4th Friday, both at 10am. I have started a Waiting List for a third group!

GROUPS RESTARTING In addition to the 42 groups that have already restarted, the following plan to restart this month:

- Archaeology
- Board Games (Modern)
- Bridge
- Card Games
- Collectables
- Creative Writing
- Flexible Crafts
- Folk/Roots Appreciation
- Local History 3

- Lunch Friends
- Mah Jong
- Members On Their Own 1
- Members On Their Own 2
- Modern History 2 (From 1500)
- Music Appreciation
- National Trust Visits
- Outings 5
- Painting 3
- Quizzers 1
- Rummikub
- Scrabble
- Walking 5 – Strollers
- Weekend Activities

WAITING LISTS Would you like to check that you are on a waiting list? Just ask me and I'll tell you if you are. Waiting lists are for groups that are full, but if a list gets big enough, we may start a new group!

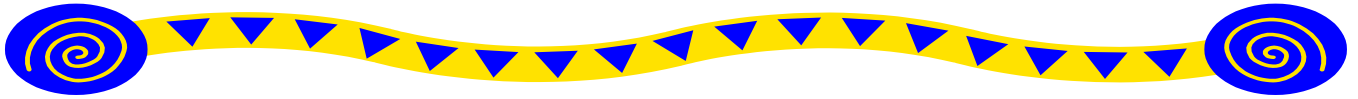
To contact Group Liaison, email Kevin Stock at groups@waterloovilleu3a.org.uk
Tel: 023 9217 9298

u3a Facebook Group

We have a Facebook Group for Waterlooville u3a that any member can join. It's a way for you to post items that you think will be of interest to other members. and for us to remind you of u3a events coming up. Just search for 'Waterlooville u3a Members Group' from Facebook and request to join!

u3a Facebook Page

We also have a Facebook Page called 'Waterlooville u3a' A page is like an advert for us – anyone can see it. You don't join a Page, instead you click 'like' and you will see any post we make. Ask your friends and family to 'like' it too!



Are you interested in finding out more about being a part of the Communications Team?

Our communications team has three working groups:

Team 1 - Marketing and Publicity – overall advertising and promotion strategy

Team 2 - Event Planning – planning and organising events

Team 3 - Event Support – helping out at events

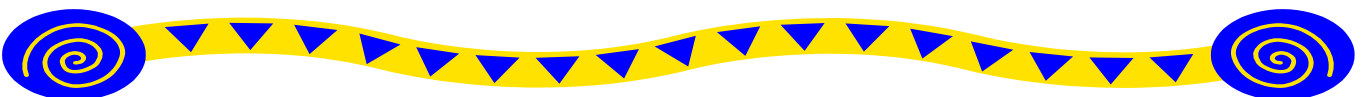
Although we have a reasonable number of volunteers for Teams 2 and 3, members have been a little shy in coming forward for Team 1! We are delighted to have a couple of members who are interested to take this forward, however a few extra volunteers would be fabulous! As it is a brand new area of our work, you will be able to influence how we move this along to ensure that our events are widely publicised, and that we have a commitment to recruiting new members (who don't realise, at the moment, what they're missing!!).

Do you.....

- ⇒ Enjoy taking photographs?
- ⇒ Have Desk Top Publishing experience?
- ⇒ Like being creative, and have an interest in being involved in designing posters?
- ⇒ Have a sense of the best places to display marketing materials?
- ⇒ Enjoy forming relationships with a variety of places where we could promote membership and events?
- ⇒ Like to raise awareness of recruiting new members and publicising events?
- ⇒ Have an interest in social media?
- ⇒ Feel that we should have a Group/Member update a few times a year?

If any of the above get your creative thoughts going, or if you have any other ideas, please do contact me chairman@waterloovilleu3a.org.uk before 15 August if possible, including your phone number, and I will give you a ring to talk through. There is no commitment at the early stage, and members of this Team will not have committee or Trustee responsibilities.

I very much look forward to hearing from you, Jo



Dates for your Diary

Fri 6th Aug 2pm–4.30pm Open Day & 15th Anniversary at Waterlooville Community Centre

Monday 9th Aug 10am–11.30am – **Coffee Morning** at Sacred Heart

Monday 13th Sept 10am–11.30am – **Coffee Morning** at Sacred Heart

Wednesday 22nd Sept 2pm – **Monthly Meeting** at Sacred Heart

Friday 15th October – Cheese and Wine, AGM followed by a Quiz at WACA.

Open Day & 15th Anniversary

FRI 6th AUG 2PM–4.30PM

WATERLOOVILLE COMMUNITY CENTRE

Our Open Day this year will also be our 15th Anniversary Celebration. Yes, Waterlooville u3a started in 2006. It will be held on Fri 6th Aug 2pm–4.30pm at the Waterlooville Community Centre (in the ASDA Car Park). Many of our interest groups will have a display, and there will be free tea/coffee etc. It will be open to the public so bring your friends and family too!

Can you help on the day? We would like a small team of helpers to that are happy to do various things on the day.

Coffee Morning

MON 9th AUG 10AM–11.30AM

BACK AT THE SACRED HEART!

Our next monthly Coffee Morning is on the above date between 10am–11.30am at the Sacred Heart. All members are welcome, particularly new members. Bring along friends who you think might benefit from joining our u3a. Sign up to join our many Interest Groups. Committee members will be on hand to answer any questions. The coffee morning is a great way to make new friends and sharing interests so do come along anytime between 10 and 11.30 a.m. (we have to finish by midday).

No Longer With Us

We regret to announce that Jeffrey Bond has passed away. Jeff was a member of the Ukulele group.

We regret to announce that Peter Craig has passed away. Peter was not a member of a group.

We went to Plan B!!

On the 15 June Local History members were meant to listen to a Zoom talk by Neil Littleales on “Who the hell is Arthur?” I think we were all intrigued to find out about Arthur but it was not to be. With 15 minutes to go Neil experienced severe technical problems involving his whole village and was unable to deliver his talk. As about 25 people had logged on for the Zoom talk we went to Plan B where I gave a presentation on **Portsmouth’s Lost Canal.**



Milton Sea Lock built 1882 as the entrance to the old canal.

Everyone was very kind and appreciative. Thank you for the Book Token I received which is very welcome.

We will have to find out about Arthur another time.

Mary Reed

Local History 2

Members Area of the Website

To visit the members area log on with:

Username: u3amember

Password: u3apassword

Just type in exactly what you see above – all in lower case – no spaces – and not your name! (It's the same username and password for everyone).

Computer Help

Rich Edwards, one of our members, has offered to help members who have problems or queries to do with their computer/PC/ Tablet/iPad. Rich can be contacted on 07786 321 030 OR

richmond.edwards@btinternet.com

National u3a

National u3a are providing free Zoom tutorials on the following topics:

Trust Volunteer Induction - Wed, Aug 11th 2pm

How to use Zoom on a Tablet (ipad or Android) - Mon, Aug 16th 10am

Introduction to Zoom— Aug 3rd, 10th & 17th 2.30pm

Hosting meetings for Group Leaders— Aug 9th & 23rd 2.30pm

National u3a are providing free online events delivered via Zoom:

What philosophers say about life and how to live it well— Fri, Aug 6th 2pm

Introduction to Linguistics—Tue, Aug 3rd 10am

Wellbeing in Nature - repeat talk—Thu, Aug 5th 2pm

Leonardo da Vinci - Would He Have Made a Good u3a Member? - Tue, Aug 10th 10am

Cookery Demonstration - Veg on Fire! Tips for the perfect vegetarian BBQ— Aug 16th 10.30

Friday Watercolour Painters— Aug 20th 2pm for 4 weeks

National Office produce a monthly Newsletter that all u3a members can subscribe to. Just go to the website, click the Newsletter tab, and subscribe!

The National u3a website is here: www.u3a.org.uk



u3a Chess Network

CHESS CAN BE ENJOYABLE (& GOOD FOR YOU)

After two successful u3a Zoom meetings support has been gathered from u3a members representing all parts of the UK for the start of the **u3a CHESS NETWORK**

The Network aims to promote the study and playing of Chess in the u3a – both in local u3a's and nationally on web-sites and Zoom, etc.

Chess, unlike Bridge, has never flourished in u3a – probably because it has the reputation of being a difficult, aggressive, complex game, played in silence.

On the contrary the rules are straightforward and easy to grasp and after a short while interesting, thought-provoking games can be played.

Also, we have shown in the last few years that a Chess Club can be sociable, interactive and co-operative – where the intention is to explore the theory and play well but also to enjoy playing the game and meeting other people.

There is little doubt that playing a game like Chess improves concentration, memory, decision-making and spatial comprehension – so a real advantage for all of us in u3a!!

In September we are starting a nation-wide **u3a Chess League** which will be available to all members of all abilities from learners to experts.

The objectives of the new u3a Chess Network are:

- to help and encourage new Chess Clubs; (*one of the most common questions we have received has been 'how do I start a Chess Club ?'*)
- to collect, and make readily available, information relevant to u3a chess players and clubs.
- to encourage Zoom or on-line u3a Chess groups or leagues; (*another typical complaint to the Subject Advisors is that there are no u3a chess groups in my area!*).

It is now possible to join the u3a CHESS NETWORK by going to:

<https://u3aChessNetWork.org.uk> – where it is also possible to register for the u3a Chess League starting in September.

We need as much publicity and support as we can obtain to help give this initiative a strong start.

David Castle Chess Subject Adviser

Dates of Next Monthly Meetings

Wed 22nd Sept 2pm

Sacred Heart

“If Only I knew Then”

Speaker: John Bowers

A former prisoner serving a total of 15 years in prison, 7 of them in HMP Dartmoor, he has totally transformed his life and now speaks to youngsters in schools trying to deter them from crime. He also presents to adult audiences the blunt realities as opposed to the political & media distortion.

Wed 27th Oct 2pm

Sacred Heart

“Forty Years of Catching Smugglers”

Speaker: Malcolm Nelson

An exciting but dangerous life pursuing the bad guys who constantly attempt to break the law and enrich themselves from the proceeds of smuggling.

Unsubscribe?

IF YOU DO NOT WISH TO RECEIVE THIS BULLETIN, please let us know. This bulletin is issued every month to inform our members of Meetings, Groups, Social Events and other information relating to Waterlooville u3a, the national u3a and events of interest around the area. Your details can be removed from the bulletin list and a confirmation email sent to you. You can change your mind at any time and request your details to be added back onto the distribution list.

Also, if you wish, you can unsubscribe to the ‘Third Age Matters’ magazine that is issued five times a year and posted to members.

To unsubscribe to either of these, contact our Membership Secretary on 07585 558916 or 07763 799377 or email members@waterloovilleu3a.org.uk



Useful Contacts

We have various email addresses that you can use and your email will automatically be forwarded to whoever is looking after that role at the time.

almoner@waterloovilleu3a.org.uk	To report a member is ill or has died
beacon@waterloovilleu3a.org.uk	Beacon Administrator
bulletin@waterloovilleu3a.org.uk	Submit an article for this Bulletin
chairman@waterloovilleu3a.org.uk	Chairman
vicechairman@waterloovilleu3a.org.uk	Vice Chairman
courses@waterloovilleu3a.org.uk	Enquiries for Highbury College courses
equipment@waterloovilleu3a.org.uk	To borrow equipment
events@waterloovilleu3a.org.uk	Social & Outside Events
groups@waterloovilleu3a.org.uk	Group Liaison
members@waterloovilleu3a.org.uk	Membership Secretary
secretary@waterloovilleu3a.org.uk	Secretary
speakers@waterloovilleu3a.org.uk	Speakers Secretary
treasurer@waterloovilleu3a.org.uk	Treasurer
groupstreasurer@waterloovilleu3a.org.uk	Groups Treasurer
webmaster@waterloovilleu3a.org.uk	Website matters

Next Bulletin

The deadline for input into the next edition will be Sun 29th Aug

Email: bulletin@waterloovilleu3a.org.uk

Phone: 023 9217 9298

Post: Kevin Stock, Rose Lodge, 2 London Road, Cowplain, Waterlooville, PO8 8AA

POTENTIAL NEW GROUPS

These groups are either waiting for a few more people to put their names down so they can start, or they need a Tutor to teach them, or both!

Am Dram

Art & Design

Backgammon

Ballroom Dancing (Tutor needed)

Cribbage 2

French Beginners 2 (Tutor needed)

Knitting

Line Dancing (Tutor needed)

Lip Reading (Tutor needed)

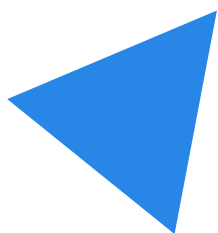
Rock 'n' Roll Trips

Tai Chi for Beginners 2 (Tutor needed)

CURRENT GROUP VACANCIES

Interest Group	Normal Meeting Day & Frequency
Art	Every Wednesday 2pm – 4pm
Badminton	1st & 3rd Wednesdays 2pm – 4pm
Birdwatching 2	Monthly Saturday 10am – 12 Noon
Books 3	Monthly 4 th Thursday 2pm – 4pm
Bridge	Every Friday 10am – 12 Noon
Bus trippers	Variable
Calligraphy	Thursdays 10.30am – 12.30pm for 5 sessions
Canasta 3	2 nd & 4 th Thursdays 2pm – 4pm
Card Games	2 nd & 4 th Wednesdays 10am – 12 Noon
Current Affairs 1	Monthly 2nd Wednesday 2pm – 4pm
Current Affairs 2	Monthly 2nd Thursday 10am – 12 Noon
Cycling for Fun	2 nd & 4 th Mondays 9.30am–12.30pm
Drawing 2	1st & 3rd Tuesday 10am – 12 Noon
Film Study	Monthly 2 nd Thursdays 10am – 12 Noon
Folk/Roots Appreciation	Monthly 1 st Thursday 2pm – 4pm
French Conversation 1	Every Tuesday 2pm – 4pm
French Conversation 2	1st & 3rd Wednesday 2pm – 4pm
Gardening	Variable
German Conversation	Monthly 1st Wednesday 1pm – 2.30pm
Local History 1	Monthly 2 nd Wednesday 2pm – 4pm
Local History 4	Variable
Lunch Friends	Variable
Mah Jong	1 st & 3 rd Tuesday 10am – 12 Noon
Modern History 1 (From 1500)	Fortnightly Monday 10am – 12 Noon
National Trust Visits	Variable
Naval History	Monthly 2 nd Tuesday 10am – 12 Noon
Painting 3	Every Tuesday 9.30am – 12 Noon
Photography 2	Fortnightly Mondays 10am – 12 Noon

Photography 3	2 nd and 4 th Tuesday 2pm - 4pm
Photography 4	Monthly 1 st Thursday 10am - 12 Noon
Play Reading	2 nd & 4 th Fridays 10am - 12 Noon
Poetry	Monthly 1 st Wednesday 2pm - 4pm
Pub History	Monthly 3 rd Tuesday 10.30am - 12 Noon
Quizzers 1	Monthly 2 nd Thursday 10.30am - 12 Noon
Quizzers 2	Monthly 2 nd Wednesday 2pm - 4pm
Radio Hams	Variable
Railways & Transport	Monthly 3 rd Monday 10.30am - 12 Noon
Rummikub	1 st & 3 rd Tuesdays 2pm - 4pm
Science	Monthly 2 nd Tuesday 2pm - 4pm
Scrabble	1 st & 3 rd Thursdays 10am - 12 Noon
Singing for Pleasure	1 st & 3 rd Wednesdays 2pm - 3.30pm
Table Tennis (Beginners)	Monthly 3 rd Friday 2pm - 4pm
Tai Chi	Every Friday 12.45pm - 1.45pm
Theatre Trips	Various times
Ukulele	Every Thursday 2pm - 4pm
Walking 1 - Striders	2 nd & 4 th Friday 10am - 12 Noon
Walking 2 - Striders	Nov-Mar 1 st & 3 rd Mondays 1.30pm - 4pm Apr-Oct 1 st & 3 rd Mondays 2pm - 5pm
Walking 4 - Stragglers	1 st Tuesday 2.30pm - 4pm 3 rd Tuesday 10.30am - 12 Noon
Walking 5 - Strollers	2 nd Wed 10am - 12 Noon 4 th Tues 10am - 12 Noon
Weekend Activities	1 st Saturday & 3 rd Sunday
Wine Appreciation 2	Monthly 3 rd Monday 7.30pm - 9.30pm
Wine Appreciation 3	Monthly 1 st Tuesday 7.30pm-9.30pm



**CELEBRATING OUR
15 YEAR ANNIVERSARY!**

Waterlooville u3a

No longer in full time employment?
No longer have full-time caring responsibilities?
Want the opportunity to meet new people, make
new friends, learn new things, have fun?

Come to our Open Day and
find out more about our dozens of
groups, events and activities

Friday 6th August

2 - 4.30pm

Waterlooville Community Centre
(Asda car park)

On Facebook
and at
waterloovilleu3a.org.uk

*Railways, Science,
Scrabble*

Weekend activities

*Naval History,
Outings,
Painting,
Photography,
Play reading,
Quizzers*

Look
forward to
seeing
you!

Singing



*Bus tripping,
Current affairs,
Cycling*



*Gardening,
Geology,
Local
history*



Wine appreciation



Art, Birdwatching, Card games



INTELLIGENCE
IS THE ABILITY
TO ADAPT
TO CHANGE.